

# WCPS Menu 1 Autumn Term 2025

Week 8: wb 3<sup>rd</sup> November

week 11: wb 24<sup>th</sup> November

week 14: wb 15<sup>th</sup> December

WYMONDHAM  
COLLEGE  
PREP SCHOOL



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Hot option 1	Grilled chicken strips with sweet & sour sauce & steamed rice	American beef burger with cheese in a bun & fries	Norfolk pork sausage with Yorkshire pudding, Mashed potato & gravy	Tray bake pepperoni pizza	Fish fingers and thin cut chips
Vegetarian Main Meal Hot option 2	Vegan nuggets with sweet & sour sauce & steamed rice	Classic veggie burger with cheese in a bun & fried Homemade veggie lasagne with mixed leaves salad	Veggie sausage with Yorkshire pudding, Mashed potato & gravy	Tray bake margherita pizza	Veggie fingers with thin cut chips
Alternative Main Meal Hot option 3	Wholegrain pasta with a tomato and herb sauce	Tortilla wraps with egg or cheese	Macaroni cheese pasta	Whole grain pasta with a basil tomato sauce	Macaroni cheese pasta
Jacket potato Hot option 4	Jacket potato with cheese (and/or) baked beans	Jacket Potato with tuna mayo (and/or) baked beans	Jacket potato with cheese (and/or) baked beans	Jacket Potato with tuna mayo (and/or) baked beans	Jacket potato with cheese (and/or) baked beans
Vegetables served	Steamed carrots & sweet corn	Mixed vegetables	Steamed green peas & carrots	Green beans & coleslaw	Baked beans & peas
Pudding	Apple crumble with custard	Fruit salad	Sultana sponge with custard	Selection of fruit jelly	Chocolate crunch cookies
Fruit	Selection of fresh fruit / fresh fruit or fruit salad for Reception pupils				

# WCPS Menu 2 Autumn Term 2025

Week 9: wb 10<sup>th</sup> November

Week 12: wb 1<sup>st</sup> December

WYMONDHAM  
COLLEGE  
PREP SCHOOL



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal Hot option 1</b>	Pork & beef meatballs in tomato sauce with wholegrain pasta	Traditional cottage pie	Roast chicken with roast potatoes & gravy	Homemade beef lasagne with mixed leaves salad	Chicken nuggets & thin cut chips
<b>Vegetarian Main Meal Hot option 2</b>	Meat free meatballs in tomato sauce with wholegrain pasta	Mixed vegetable pie	Quorn fillet with roast potatoes & gravy	Homemade veggie lasagne with mixed leaves salad	Veggie nuggets with thin cut chips
<b>Alternative Main Meal Hot option 3</b>	Tortilla wraps with egg or cheese	Wholegrain pasta with a tomato and herb sauce	Macaroni cheese pasta	Whole grain pasta with a basil tomato sauce	Macaroni cheese pasta
<b>Jacket potato Hot option 4</b>	Jacket potato with cheese (and/or) baked beans	Jacket potato with tuna mayo (and/or) baked beans	Jacket potato with cheese (and/or) baked beans	Jacket potato with tuna mayo (and/or) baked beans	Jacket potato with cheese (and/or) baked beans
<b>Vegetables served</b>	Steamed carrots & sweet corn	Mixed vegetables	Steamed green peas & carrots	Green beans & coleslaw	Baked beans & peas
<b>Pudding</b>	Apple & raspberry crumble with custard	Honeydew melon slices	Chocolate sponge with custard	Strawberry jelly	Oat & sultana cookies
<b>Fruit</b>	Selection of fresh fruit / fresh fruit or fruit salad for Reception pupils				

# WCPS Menu 3 Autumn Term 2025

Week 10: wb 17<sup>th</sup> November

Week 13: wb 8<sup>th</sup> December

WYMONDHAM  
COLLEGE  
PREP SCHOOL



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Hot option 1	Roast gammon with oven baked sauteed potatoes & gravy	Spaghetti beef bolognaise	Butter chicken korma curry with steamed rice	Tray bake pepperoni pizza	Fish fingers and thin cut chips
Vegetarian Main Meal Hot option 2	Quorn fillet with oven baked sauteed potatoes & gravy	Spaghetti veggie bolognaise	Mixed vegetable korma curry with steamed rice	Tray bake margherita pizza	Veggie fingers with thin cut chips
Alternative Main Meal Hot option 3	Wholegrain pasta with a tomato and herb sauce	Tortilla wraps with egg or cheese	Macaroni cheese pasta	Whole grain pasta with a basil tomato sauce	Macaroni cheese pasta
Jacket potato Hot option 4	Jacket potato with cheese (and/or) baked beans	Jacket potato with tuna mayo (and/or) baked beans	Jacket potato with cheese (and/or) baked beans	Jacket potato with tuna mayo (and/or) baked beans	Jacket potato with cheese (and/or) baked beans
Vegetables served	Steamed carrots & sweet corn	Mixed vegetables	Steamed green peas & carrots	Green beans & coleslaw	Baked beans & peas
Pudding	Peach and pear crumble with custard	Watermelon slices	Jam sponge with custard	Mixed fruit flapjacks	Shortbread cookies
Fruit	Selection of fresh fruit / fresh fruit or fruit salad for Reception pupils				